

Senior Citizen Advisory Committee Minutes

February 11, 2020

Present: Doris, Bella, Karen, Mary, Nina, Katie, Jon, Diane, Charlie

Guests: Jon, Teresa

Meeting called to order by Doris at 1:00.

Roll was called.

Jon Osborn was sworn in by Mary as a new member.

Claudia Goetz, RN was a guest from the Bergen County Health Department. She described their programs and said that they meet the second and fourth Thursday at Glen Courts but would like to expand to other Seniors in town offering Blood Pressure testing, screening for memory, eyes, hearing and overall wellness. All nurses are certified RNs and appointments will be welcomed.

Boyd Lowry and Daria came from First Light in Glen Rock. They are offering to staff events for our Seniors such as History Comes Alive, Queen for a Day, Sing Along and Blood pressure testing, exercise programs and other events. They are currently providing activities to seniors in Hawthorne and would like to be helpful in Glen Rock. They also offer an exercise program.

Katie offered several dates for a Senior Swim day and it was decided that June 15 from 3-8 works best.

Jon was appointed Communications and Newsletter Director.

Diane will Co- Chair Activities. Diane and Mary will plan the June pool party.

We are always looking for new members..

Karen and Doris will work on an agenda for the next meeting

Teresa spoke about the 2020 Census and how important it will be.

Katie's last meeting. She was wished the best.

Jon spoke about ideas for the next newsletter.

Meeting Adjourned at 3:10.

Respectfully submitted,

Karen A. Mitchell